

## MUSIC AND THE MIND symposium 3 MARCH 2018



PROGRAM

If music is a language, it is a language of feeling.

Musical rhythms are life rhythms. Music provokes
a response ingrained into our evolutionary
development, leads to marked changes in emotions
and is viewed as one way to stimulate the brain.

Through music we can learn much about the mind.

This symposium is dedicated to Music and the Mind and we're proud to introduce some of the world leaders in this research field. They will present on recent developments in this interesting and rapidly developing area







## MUSIC AND THE MIND

| TIME                 | ACTIVITY   | PRESENTER   |
|----------------------|--|---|
| 9.00am –<br>9.15am   | Symposium Opening and<br>Overview  | Professor Kevin Hall, DVC Research & Innovation, University of Newcastle Professor Michael Nilsson, HMRI Director   |
| 9.15am –<br>10.15am  | Keynote: 'Music and the Mind'  | Professor Eckart Altenmüller Internationally renowned Neuroscientist, Director of the Music Medicine Institute Hanover and accomplished Flautist                                      |
| 10.15am              | Morning Tea Served in foyer  |   |
| 10.45am –<br>11.15am | 'Rhythms of Life' Symmetry breaking of the perception of music   | Dr David Banney Artistic Director, Christ Church Camerata Newcastle   |
| 11.15am –<br>11.45am | 'Musical movements and<br>the Mind'  The way the mind directs<br>movements during musical<br>performance, and the<br>interference effects of<br>stress, fatigue and pain | Assoc/Professor Bronwen Ackermann Specialist Musicians' Physiotherapist & Senior Musculoskeletal Anatomist, University of Sydney  |
| 11.45am –<br>12.15pm | 'Music and the Heart'  | Mr Rickard Åström  Musician and composer involved in research in music and the heart Including Echology, University of Newcastle's Chamber Choir  Open Discussion: Dr Philip Matthias |

## SATURDAY 3 MARCH 2018

Harold Lobb Concert Hall | Conservatorium of Music Cnr Laman and Auckland Streets Newcastle NSW



| TIME               | ACTIVITY  | PRESENTER  |
|--------------------|---|--|
| 12.15pm            | Lunch   | Served in foyer  |
| 1.00pm –<br>1.15pm | 'Curating music playlists in acute<br>healthcare settings: how to<br>keep the rhythm and bring joy' | Dr Maggie Haertsch<br>International consultant with expertise in<br>health, aged care and arts in healthcare   |
| 1.15pm –<br>1.45pm | 'Recovery from neurotrauma' Journeys explored through song  | Professor Felicity Baker Co-director, National Music Therapy Research Unit and the Creative Arts Therapies Research Unit, University of Melbourne  |
| 1.45pm –<br>2.30pm | 'The impact of music on the self in Dementia'   | Dr Amee Baird Clinical Neuropsychologist and NHMRC-ARC Dementia Research Development Fellow, Macquarie University  |
|                    | 'Visualising the Effects of<br>Music on the Brain'  | Mr Nathan Scott University of Newcastle academic with interdisciplinary research interests across creative arts, technology and science  |
| 2.30pm             | Afternoon Tea Served in foyer   |  |
| 3.00pm -<br>4.00pm | HMRI Public Forum<br>Round table<br>'Music & the Mind'  | Chair: Professor John Rostas Panel: Professor Eckart Altenmüller, Mr Richard Åström, Assoc/Professor Bronwen Ackermann, Professor Michael Nilsson, Dr David Banney, Dr Philip Matthias, Dr Amee Baird, Mr Nathan Scott, Professor Felicity Baker |
| 4.00pm             | Thanks + symposium close  | Professor Michael Nilsson  |